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Status Report

Implementation of the Community Treatment Facility (CTF)

Starlight Adolescent Center, Inc.

September 20, 2000

prepared for the
Board of Supervisors Health and Hospital Committee

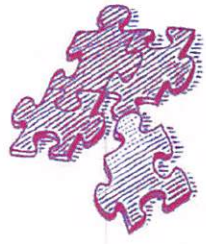
by SCVHHS
Mental Health Department

OVERVIEW

I. BACKGROUND

II. CTF IMPLEMENTATION

III. NEXT STEPS



I. BACKGROUND

- Over 6,000 SCC wards and dependents and 500 AB3632 Special Education students rely on the MHD system for treatment;
- Many of these children, referred by Social Services Agency and Probation are placed out of home in foster care and residential group homes;
- Since 1980s MHD, SSA, Probation have coordinated care through an interagency team of placement, administrative, and program staff currently overseeing care of up to 500 youth in most intensive services;
- In addition, since FY98 BOS has committed significant resources to ensure that children placed out of home receive needed and appropriate services;

I. BACKGROUND (continued)

- In FY98/99 the BOS approved a MHD augmentation to establish a 24 bed sub-acute treatment program
- MHD anticipated new CTF program model would be appropriate:
  - 1975 legislation called for an "array of community treatment facilities" (CTFs)
  - 1987 legislature initiated a request for the actual development of standards for these facilities);
  - 1999 regulations finalized and an allocation of 400 CTF beds was approved, with 36 beds allocated to the South Bay Region;
- MJG and Associates, Inc. successfully bid to state for the contract, and Santa Clara County was selected as the host county to develop the new CTF for this Region

II. CTF IMPLEMENTATION

ACCOMPLISHMENTS TO DATE

- The MHD developed a ***Draft Concept Paper for the Santa Clara County Behavioral Health Center for Youth*** outlining proposed behavioral health service components for the County purchase facility (April 2000);
- The County purchased facility at 455 Silicon Valley Blvd. (May 2000) and executed a lease for a portion of the facility with new provider (August 2000);
- The MHD successfully negotiated contract with Starlight Adolescent center, Inc. for new CTF program and routine facility operation and maintenance (August 2000);

II. CTF IMPLEMENTATION (continued)

•ACCOMPLISHMENTS continued.

- Three workgroups were established to facilitate implementation of the CTF (Legal, Program & Facilities/Contract), meetly weekly to expedite tasks (May - September 2000);
- MHD staff and legal stakeholders resolved and formalized legal issues regarding admission and medication consents (July 2000);
- MHD and SSA, JPD, County Counsel staff developed training materials(August 2000) and held two trainings for 75 placement workers & others to educate front-line staff about program and admission processes (September 2000);
- In collaboration with the County Executive's Office planned an open house event scheduled for September 26, 2000.

II. CTF IMPLEMENTATION (continued)

Implementation Process

Facilities/Contract Workgroup

GSA Building Operations, Property Management & Purchasing; MH Admin, Systems Office & Quality Improvement; OBA ; SCC Fire Marshall; County ISD; SCVHHS Environmental Health & Telecom Services; COE; County Counsel; County Exec's Office; MJG

Legal Workgroup

County Counsel, Juvenile Dependency Court, District Attorney; Public Guardian's Office; MHD Family & Children's Division; County Office of Education; Mental Health Advocacy Project; MJG & Associates.

Program Workgroup

Mental Health Family & Children's Division; DFCS; Social Services Agency; County Office of Education; MJG; Juvenile Probation; SCVMC Admin; Family Partners; Alliance for the Mentally Ill (AMI); Alameda County Behavioral Health

Implementation Team

PRODUCTS

- Prepare Facility
- Contract & Lease
- Legal Procedures
- Program Design
- Training Program
- Pass Inspections

PROCESS

- Initiate Collaboration
- Mutual Respect
- Parent Involvement
- Cultural Competency
- Group Cohesion
- Accomplishment

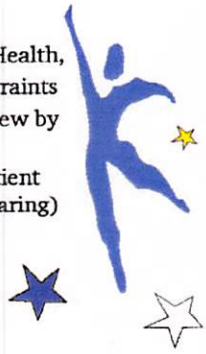
II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

A Community Treatment Facility (CTF) is a secure facility for seriously emotionally disturbed children who have tried other less restrictive mental health interventions and who may require periods of containment." (DSS - CCL Licensing)

CTF Regulatory Requirements Include:

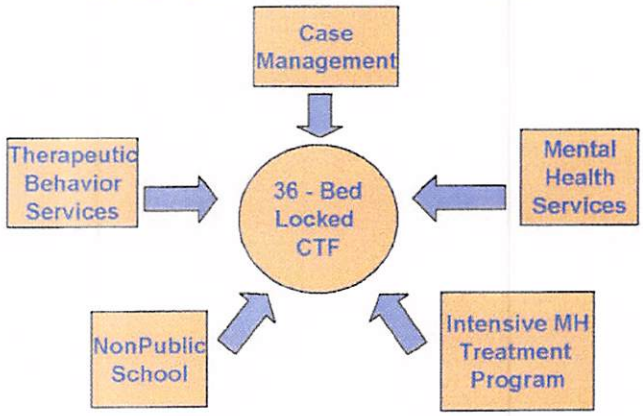
- Certification by the State Department of Mental Health,
- Capacity to be locked with use of mechanical restraints
- Allows for length of stays > 90 days through review by external case manager
- Provide personal rights as for a mental health patient (i.e., possibility of denial of rights and right to hearing)
- Defined specific staffing and child care training requirements



II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

THE STARLIGHT MODEL



II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Target Population

AGE:	**11 - 17 years old**	
GENDER:	**Males**	**(20)**
	Females	**(16)**
	Total:	**(36)**

DSM-IV Diagnosis:

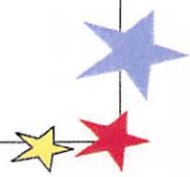
The most common of the disorders are expected to include: Conduct Disorder, Disruptive Behavior Disorder, Major Depressive and Mood Disorders, Psychosis, and Post-traumatic Stress Disorder.

II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Symptomatology

- Physical and/or verbal assaults
- Suicidal/self-destructive ideation and gestures
- Runaway gestures or attempts
- High-risk sexual acting out
- Fire setting
- Socially inappropriate conduct
- Chronic explosive tantrums



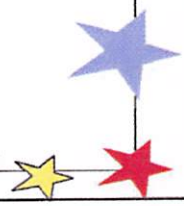
II. CTF IMPLEMENTATION (continued)

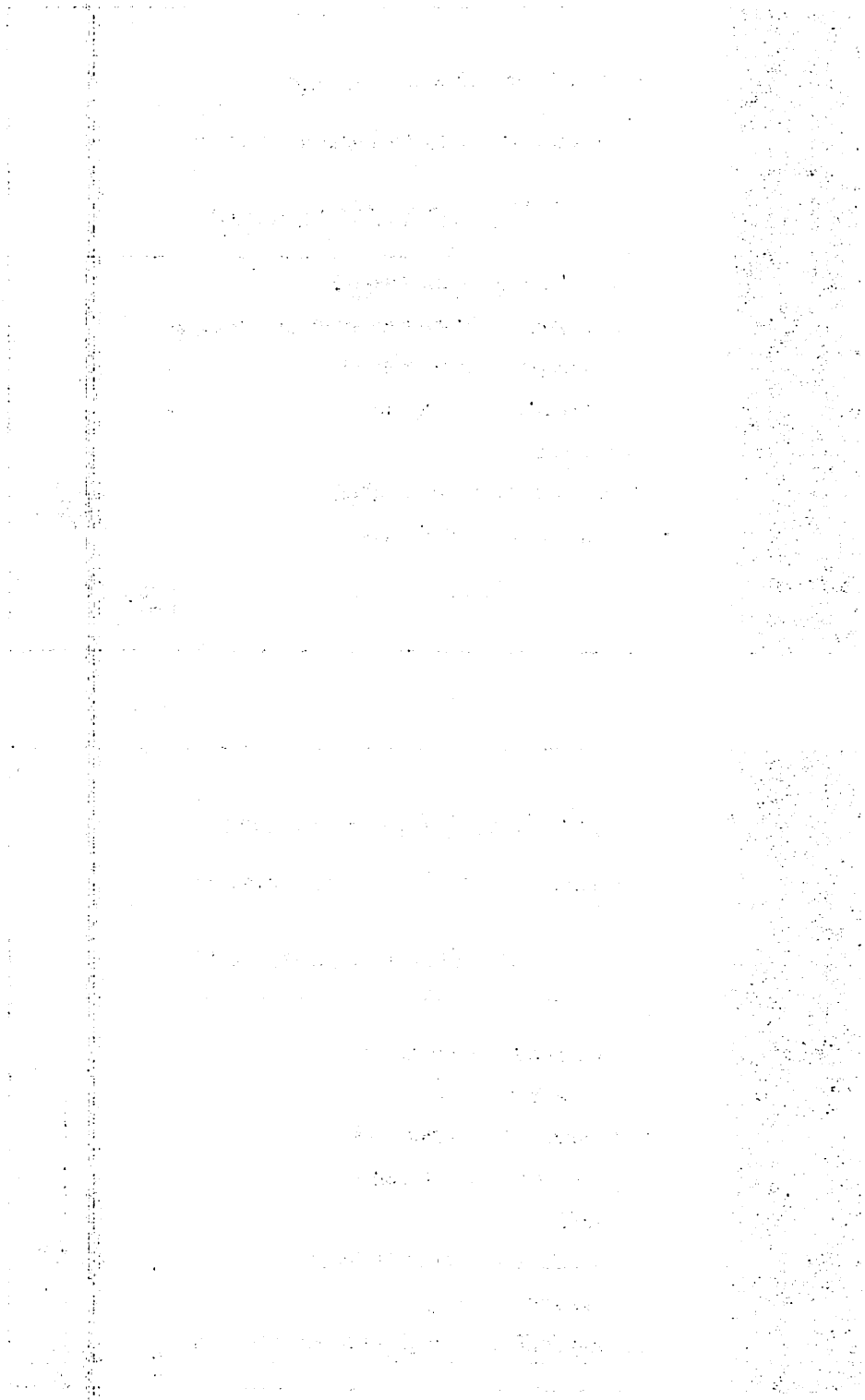
Program Description: Starlight Adolescent Center, Inc.

Symptomatology

CONTINUED...

- Marginal adaptive functioning
- Antisocial behaviors
- Delusions and hallucinations
- Hyperactivity/attention deficit
- Paranoia
- Depression and social withdrawal
- Disorganized thinking
- Learning difficulties and educational failures





II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Summary of Specific Services

- Comprehensive assessments and evaluations
- Clinical treatment & psychotherapy
- Psycho-educational groups & skills development curriculum
- Therapeutic groups & recreational activities
- Social services & case management
- Dietetic services
- Medication & medication monitoring
- Educational services
- Consultative Resources
- Monitoring of treatment outcomes
- Well-qualified staff

II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Program Philosophy

- Safety, supervision & expectation of success
- Positive youth development
- Enhancement of the quality of life
- Achievement of independence

II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Program Offerings

Program offerings include: group and individual therapies, skills training, behavior modification, a variety of activity therapies and one-to-one interactions through an approach that is solidly anchored in a well supervised therapeutic milieu

II. CTF IMPLEMENTATION (continued)

Program Description: Starlight Adolescent Center, Inc.

Program Goals

The program goals are to provide an intensive treatment program to SED adolescents who have had multiple treatment failures which maintains them in their community setting and assists them and their family or caregiver to return as soon as possible to their family environment with:

- **Interagency collaboration**
- **Family & child involvement and participation**
- **Results orientation - measurable outcomes**
- **Cultural competent services**
- **Comprehensiveness**
- **Transitional services**

III. Next Steps

- Mental Health Department to conduct Facility Tour and Program Open House
- Leadership Team/SCVHHS review proposed program components to ensure critical continuum of care is covered and meet high needs within children's system of care
- Develop additional program components
  - Co-locate RISC Team (Resource Interagency Placement Committee) at facility
  - Development of Kid's Crisis Center
  - Assessment of a second residential component
- Provide Status Report to Health & Hospital Committee